
AC HEALTH & NUTRITION

Volunteer opportunity to work as part of the

AC Health and Nutrition Ltd team

Starting asap – ongoing (Please state how long you can volunteer for when applying).

We are looking for enthusiastic and passionate volunteers who are either student dietitians or recently graduated dietitians to join our nationwide project.

We have a fabulous opportunity for you where you can build practical experience in nutrition communication, professional networking, and public health promotion while supporting the Dietitian in delivering evidence-based nutrition education. You will be supporting a Registered Dietitian to engage with healthcare professionals (HCPs) such as Registered Dietitians, GPs and Gastroenterologists to increase awareness of Symprove and promote the evidence base supporting the role of probiotics in gut health and IBS.

In return for volunteering, you will be able to shadow the Registered Dietitian whilst they present their talks on this project (online or remotely).

This would be a fantastic role to place on your CV/future job applications. Plus, you will also receive 12 weeks free samples of the product.

Skills and Experience Gained:

- Excellent CPD opportunity
- Insight into working with healthcare organisations and professionals.
- Experience in nutrition communication and networking.
- Knowledge of probiotics and their role in gut health.

Key Responsibilities:

1. Communication and assistance in generating leads (support will be provided)
 - Contact NHS Trusts and GP surgeries to propose a 30-minute presentation on Gut Health and Symprove.
 - Provide information about the content and relevance of the presentation tailored to different healthcare professionals.
2. Organisational and administrative Support
 - Follow up with contacts to confirm details, answer questions, or reschedule if needed.
 - Coordinate and maintain a list of contacts and confirmed sessions for the Registered Dietitian.

Registered Address: 38 Belfairs Drive, Leigh-on-Sea, Essex, SS9 3AA. Registered No. 5468276

“Powered by **professionalism**, maintained by **science**”

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Initially, we shall be asking you to email rather than phone these HCPs, but once you have seen the educational gut health talk, you can phone dietetic departments, GP surgeries and Gastro teams.

You will be working with one Registered Dietitian and be liaising with them directly. Plus Alison Clark, Director of AC Health and Nutrition Ltd. will be available to offer additional support.

We greatly value and appreciate our volunteer students and see them as an integral part of the ACHN team:

“Lovely to be in touch again Alison 😊. Yes you are totally right – I worked for you as a student and I absolutely loved it! I really am a fan of all the work you do 😊.” cw

How to Apply...

Please send an e-mail detailing why you are interested in this voluntary role and any personal attributes that you think you will be able to bring to the team.

*Please include how long you can volunteer for.

admin@achn.co.uk.

Next Stage

If successful we will ask you to attend an informal telephone interview.

Thank you and good luck.